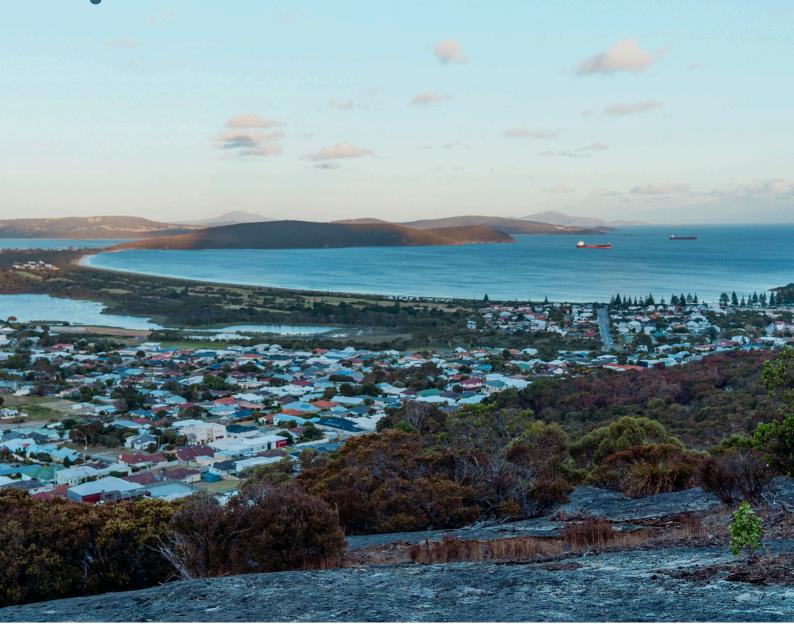
**ALBANY'S** 

# VitalSigns® Taking the pulse of our community

2023















#### **WELCOME TO**

**ALBANY'S** 

# **Vital**Signs

#### **REPORT 2023**

Vital Signs is a community-driven data program that uses local knowledge to measure the vitality of a community and support action towards improving the collective quality of life. Albany's Vital Signs 2023 explores four key themes:









Vital Signs is a global research methodology designed to help identify a community's successes and challenges. Vital Signs reports help communities make connections between macro level issues and how these economic trends play out at the local level, impact quality of life and community vitality. The report can be used to start conversations with supporters and beneficiaries of their work, to identify local priorities and opportunities, and to help make data-driven decisions on where to focus attention and resources.

## ACKNOWLEDGEMENT OF COUNTRY

We acknowledge that this community exists on Menang Noongar country. We respect the Noongar peoples' ongoing connection and ownership of this country, and the efforts of Elders past, present and emerging to preserve culture, to care for country, and to support their people.

## **OUR AIM + GOALS**

Albany's Vital Signs 2023 report aims to identify trends and opportunities to raise awareness of the strengths and challenges in the community. The goal is to generate action and spark conversation within our local community, and to identify areas of need to create the greatest impact.

IN 2021 ALBANY HAD A POPULATION OF 38,763

# **IF ALBANY WAS A VILLAGE OF 100 PEOPLE**

THIS WOULD BE A SNAPSHOT OF THE NUMBER OF PEOPLE IN OUR COMMUNITY  $^{\rm l}$ 



ARE UNDER 24 YEARS OF AGE

40 ARE 25 TO 59 YEARS OF AGE 30 ARE OVER 60 YEARS OF AGE

3
ARE INDIGENOUS

28
LIVE ALONE

ARE SINGLE PARENT FAMILIES

ARE COUPLES WITH CHILDREN

ARE COUPLES
WITHOUT CHILDREN

ARE UNPAID

SPEAK A LANGUAGE OTHER THAN ENGLISH AT HOME

10

NEED ASSISTANCE
WITH CORE
ACTIVITIES

VOLUNTEER IN THE COMMUNITY

ARE ANGLICAN

N ARE ROMAN CATHOLIC ARE CHRISTIAN

ARE BAPTIST

WERE BORN IN

WERE BORN IN THE UNITED KINGDOM

WERE BORN IN THE PHILIPPINES

WERE BORN IN SOUTH AFRICA

## **EDUCATION + EMPLOYMENT**

Thriving and resilient communities offer flexible and affordable opportunities for learning throughout life, providing pathways to meaningful employment.

#### **EARLY CHILDHOOD**

A 'childcare desert' is defined as a populated area with 'more than 3 children per 1 childcare place.'

Albany has a severe lack of childcare, as for every 4 children, there is only 1 place available.



THE FOLLOWING % OF STUDENTS ATTENDED 15 HOURS OF KINDY PER WEEK 2



96.1%	ALBANY
95.7%	WA

92.3% AUSTRALIA

25% of children in Albany are assessed as **vulnerable\*** in one or more areas in their early childhood development in their first year of school.<sup>3</sup>

20% in WA, 22% in Australia.

\*Australian Early Development Census 2021

#### **HIGH SCHOOL**

11% of youth aged 15 to 24 are disengaged and not earning or learning.<sup>3</sup>



## HIGH SCHOOL COMPLETION RATES 4

\*Students aged 15+

44%
ALBANY

42%
REGIONAL WA

**56%** 

WΔ

#### **FURTHER EDUCATION**

50.1% HAVE A QUALIFICATION <sup>4</sup>

41% HAVE NO QUALIFICATION <sup>4</sup>

> 8.9% NOT STATED <sup>4</sup>



The highest qualification achieved for persons aged 15+in 2021 are as follows 4

#### BACHELOR DEGREE OR HIGHER



14% Regional WA

## DIPLOMA OR ADVANCED DIPLOMA



8% Regional WA

## **VOCATIONAL QUALIFICATION**



25% Regional WA

#### **EMPLOYMENT**

**UNEMPLOYMENT RATES\*** 4

3.9%	ALBANY
4.2%	REGIONAL WA
5.2%	GERALDTON
5.1%	AUSTRALIA

\*2021 census data

#### **UNEMPLOYMENT RATES OVER TIME** <sup>4</sup>

4.1%	4.9%	5.1%	3.9%
2006	2011	2016	2021

#### **PARTICIPATION RATE**

Albany's 'participation rate'\*
is **57.3%** which is lower than
Regional WA, WA, and Australia.
\*of the working age population

#### **TOP 6 AREAS OF INDUSTRY**

16.5% of people work in health care and social assistance 4



**11.3%** retail

9.3% education + training

9.1% construction

7.7% accommodation + food

6.7% agriculture, forestry + fishing

#### **EMPLOYMENT STATUS** 4

FULL TIME	Vs	PA	RT TIME
ALBANY	<b>52%</b>		37%
REGIONAL WA	5	8%	29%
GERALDTON	56	%	32%
AUSTRALIA	56	%	31%

Unemployed or 'looking for work' not included.

## **HOUSING + FINANCIAL STRESS**

Housing provides the stability that people need to address unemployment, wellbeing, and physical health. Ending homelessness is not only beneficial to the people who have moved into housing, but also to the community and healthcare system.

#### **HOMELESSNESS**

HOMELESSNESS is a condition where individuals or families lack a stable and safe place to live, often leading to them residing in temporary shelters, on the streets, or in other inadequate and insecure housing situations. People living in improvised dwellings, tents, or sleeping out ('rough sleepers') is just one category of the term 'homelessness.'







Albany's Homelessness Connection Day in May 2023 identified

**82**\*

people in Albany are homeless in 2023<sup>2</sup>

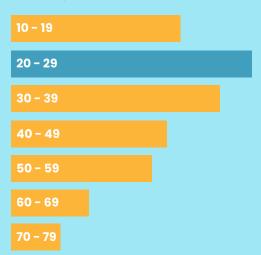
of which, **43%** identify as **Aboriginal** or **Torres Strait Islander.**<sup>2</sup>

\*This number is realistically 130 people if other family members and dependants are included. The highest proportion were aged between 20 and 29.

Geraldton: 45 people in August 2023 <sup>3</sup>

#### **HOMELESS AGE RANGE**

The highest proportion of people who are homeless in Albany are those aged between 20 and 29.4



#### DISADVANTAGE

## SEIFA = Socio-Economic Indexes for Areas

are based on an Australian score of 1000. A lower score indicates greater relative disadvantage.

#### SEIFA INDEX BY SUBURB 5

LOCKYER + GLEDHOW

883

MILPARA + ORANA

917

SPENCER PARK

943

YAKAMIA

959

MIDDLETON BEACH + MT CLARENCE

1024

**LOWER KING** 

1029

AUSTRALIA SEIFA INDEX: 1001 WA SEIFA INDEX: 1011 ALBANY SEIFA INDEX: 987

#### **MEDIAN HOUSE PRICE**



6% increase since 2022 20% increase since 2018 30% increase since 2013

#### **HOUSING STRESS**

## 'housing stress'

= when rent or mortgage is more than 30% of a person's income.



36%

of rental households are experiencing 'housing stress'. 7

15%

of mortgaged households are experiencing 'housing stress'.<sup>7</sup>

#### **PUBLIC HOUSING WAITLIST**

In 2023, there is a waitlist for

## 453 dwellings

needed for public housing for singles, couples, seniors and families in Albany.<sup>8</sup>

THE VACANCY RATE
OF RENTALS\* IN 2023
IS 0.7%. THE RATE HAS
BEEN 1% OR LOWER
SINCE 2020.9



This equates to approximately 20 available listings (August 2023). The ideal for cities is between 2-3%.

Regional WA rate: 1% WA rate: 1%

\*Public housing rentals

#### MEDIAN WEEKLY RENTAL PRICE



**17.5%** increase from 2022 to 2023

This equates to an increase of \$70/week or \$3,650/year.

The 2023 median rental price in Albany is \$445/week,

compared with \$350/week from 2014 to 2020.

## **BELONGING**

Developing and maintaining a sense of belonging, now and into the future, is critical in sustaining the culture and lifestyle of the City of Albany. Community identity and connection is important for a vibrant and healthy community, regardless of sexual orientation, religion, race or age.

#### **DIVERSITY + DISCRIMINATION**

11%

OF AUSTRALIANS
MAY HAVE A
DIVERSE SEXUAL
ORIENTATION, SEX OR
GENDER IDENTITY.

People with a diverse sexual orientation, sex or gender identity are twice as likely to experience discrimination.



13%

OF AUSTRALIANS EXPERIENCED DISCRIMINATION IN THE PAST 12 MONTHS.<sup>2</sup>

#### **LGBTI\* YOUNG PEOPLE REPORTED**<sup>3</sup>

6 IN 10

**EXPERIENCE VERBAL HOMOPHOBIC ABUSE** 

2 IN 10

**EXPERIENCE PHYSICAL HOMOPHOBIC ABUSE** 

\*WA LGBTI HEALTH STATEGY 2019 - 2024

#### AREAS OF DISCRIMINATION

74% of youth who were surveyed in Albany think there is discrimination in the following areas <sup>4</sup>

RACE

**SEXUALITY** 

**GENDER** 

**DISABILITY** 

**AGE** 

**RELIGION** 

CULTURE

**OTHER** 

#### **BIRTHPLACE**

75% AUSTRALIA

20%

**OVERSEAS** 

5% NOT STATED



**3.2%** of people in Albany identify as Australian Aboriginal.<sup>5</sup>

\*INCREASE FROM 0.4% IN 2016, THE LARGEST CHANGE IN THE REPORTED ANCESTRIES.

#### **LANGUAGE**

87.8%

English only s



Non-English 5



Not stated 5

The largest change in the languages used by the population in the City of Albany between 2016 and 2021 was Karen (Burma Myanmar).

#### **VOLUNTEERING**

**21%** of people in Albany volunteer or spend time doing unpaid work.<sup>5</sup>



#### VOLUNTEER RATES IN 2021 5

21% ALBANY

19% REGIONAL WA

16% WA

14% AUSTRALIA

The number of volunteers in Albany

decreased by

430 people

between 2016 and 2021.5



#### **CLUBS + ASSOCIATIONS**

320

There are 320 registered, active and incorporated associations and clubs in the City of Albany in 2023.6



## **HEALTH + RESILIENCE**

The percentage of chronic health conditions of Albany's population is higher than regional WA, placing a strain on health care services. Regional centres are isolated from essential health services, resulting in long travel times. Access to mental health services is an area of growing concern, especially for vulnerable populations such as low-income individuals.

#### HEALTH

## VACCINE PREVENTABLE DISEASES



Between 2015 and 2019 the most frequently reported infectious diseases (814 per 100,000\*) were vaccine-preventable diseases.

This is higher than the WA state average, and more than double the previous Census rate for Albany.

\*2011-2015 in Albany: 397 per 100,000.

#### **CHRONIC HEALTH CONDITIONS**

% OF PEOPLE WITH 1 OR MORE CHRONIC HEALTH CONDITIONS 2



37%	ALBANY

30% REGIONAL WA

30% WA

32% AUSTRALIA

## TYPES OF LONG TERM HEALTH CONDITIONS\*2



ARTHRITIS	11.1%
MENTAL HEALTH	10.6%**
ASTHMA	8.7%
OTHER	8.5%
DIABETES	5.4%
HEART DISEASE	4.8%
CANCER	3.7%
LUNG CONDITION	2.2%
STROKE	1.2%
DEMENTIA	1.1%
KIDNEY DISEASE	0.8%

<sup>\*</sup>As advised by a doctor or nurse.

#### **TOBACCO USE**

Estimated % of people aged

16+ who are smokers\*3

12% of males

**6%** of females



\*Does not include e-cigarettes or vaping.

#### **ALCOHOL CONSUMPTION**

**27%** of people aged 18+ in the Great Southern region consume **more than 2 standard alcoholic drinks per day** on average (2017-18).<sup>4</sup>

This is significantly above the 18.2% WA average.



#### **HOSPITALISATIONS**

Accidental falls due to injury is the number one cause of hospitalisations in Albany. 5

The cost of hospitalisations in Abany due to injuries caused by falls was \$15,617,815 in 2015-2019.5

#### **PSYCHOLOGICAL WELLBEING**



9% of males

8% of females



AGED 16+ EXPERIENCED HIGH OR VERY HIGH LEVELS OF CURRENT PSYCHOLOGICAL DISTRESS AFTER COMPLETING THE KESSLER 10 SCALES\*<sup>6</sup>

\*The Kessler 10 scales is a measure of current psychological distress over a 4 week period and is not necessarily reflective of the presence or absence of mental health conditions

#### YOUTH MENTAL HEALTH

The number of young people aged 12 to 25 seeking support for mental health concerns at headspace Albany increased from 374 in 2018, to 680 in 2022.7

This represents over 10% of the eligible youth population accessing mental health support at headspace Albany. This does not include young people seeking support elsewhere.

#### **FAMILY VIOLENCE**

THE GREAT SOUTHERN DISTRICT
OF THE WA POLICE RECORDED
THE FOLLOWING RATES OF FAMILY
VIOLENCE INCIDENTS (PER 100,000)8



This is the combined total number of reported common assaults, serious assaults and threatening behaviour.

<sup>\*\*</sup>Anxiety and depression may not always be categorized as long-term mental health conditions, but can still impact a person's daily life and well-being and they often require ongoing management, treatment and support.

## **CASE STUDIES**

#### **EDUCATION + EMPLOYMENT**

A severe lack of housing has led to a skills shortage in Albany, significantly affecting the childcare sector. The lack of skills in childcare has resulted in a major shortage in the Great Southern region, comparatively much worse than the state average. With a population of working age people who are wanting to work more hours but finding it impossible to do so with childcare shortages, the Albany Chamber of Commerce & Industry decided to mount a campaign to make a change.

Partnering with Workforce Australia, the Chamber sent out a survey to the business community to gauge exactly how much of an impact this childcare shortage is having. The results of the survey were stark, with the majority of businesses indicating that their employees could work additional hours if they could access more childcare services. Partnerships between Workforce Australia and the Albany Chamber of Commerce & Industry highlight the importance of local collaboration to advocate for change.



#### **HOUSING + FINANCIAL STRESS**

Led by Albany Youth Support Association (AYSA) and Advance Housing, the Great Southern Youth Foyer (GSYF) is a community-driven initiative to tackle youth homelessness.

The proposed space will provide accommodation and programs for 50 Youth and a 10 bed Youth Crisis Refuge, supporting those who are experiencing, or at risk of homelessness. In 2021, 11% of Albany's 15–24-year-olds were disengaged from education and employment (above State average). This, combined with rental vacancy rate of 0.7%, has resulted in a heightened risk of homelessness in Albany's Youth. The GSYF will provide young people with the stability, connections and support needed for them to build a future outside of homelessness and welfare systems. The GSYF requires a capital investment of \$25–\$30 million and an ongoing annual investment of \$1.9-\$2.0 million to operate the facility. Efforts are currently underway for innovative, joint funding approaches which leverage investment across government, the community, and the private sector.

Artist's impression: H+H Architects



#### BELONGING

**Stuart Roberts,** a Menang community leader from the Wagyl Kaip region, is the CEO of the Kadadjiny Aboriginal Corporation, and a driving force behind nurturing the next generation of leaders in the Great Southern.

With a deep commitment to his heritage and community, Stuart has established the Aboriginal Emerging Leadership Group, empowering emerging leaders into close collaboration with respected elders, fostering robust and enduring leadership networks that enrich our community. Stuart's work has led to the development of the Great Southern Aboriginal Leaders Conference

"This event is run by Aboriginal people and for Aboriginal people. It's about empowering local people to work together improve their quality of life in the Great Southern." Stuart's impact extends to mentoring disengaged youth, guiding them through education and training programs that pave the way to meaningful employment.



#### **HEALTH + RESILIENCE**

headspace is a national organisation that provides mental health and wellbeing support for young people aged 12 to 25, and their families.

headspace Albany offers a range of services and programs aimed at supporting the mental health and wellbeing of young people. The headspace Albany Manager, Andrew Wenzel, and his team have developed an enhanced range of mental health supports for young people that includes services that are not offered in other headspace Centres, recognising the importance of providing local support for young people, and responding to the ever-changing needs of the local community.

headspace Albany not only works with young people to support their mental health, they also offer support on their journey to meaningful employment. They offer resources to employers such as access to clinical tool kits and specialised training to help reduce mental health barriers for young people, to find and gain employment.



#### **ACKNOWLEDGEMENTS**

Vital Signs is a community check-up conducted by community foundations around the world that measures the vitality of our communities and identifies trends in a range of areas critical to quality of life. With special thanks to the Toronto Foundation for developing and sharing the Vital Signs concept. The Vital Signs logo and program is used with permission from Community Foundations of Canada. Community Foundations Australia manages the licensing of Vital Signs within Australia. Community Foundations Australia (CFAustralia) is the peak body for community foundations in Australia. CFAustralia manages licensing of the Vital Signs program in Australia by agreement with Community Foundations of Canada.

For enquiries contact: info@cfaustralia.org.au

### **THANKYOU**

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#### **SOURCES**

This report covers data from the City of Albany Local Government Area, unless otherwise stated.

#### VILLAGE OF 100

1. ABS Census, 2021

#### **EDUCATION + EMPLOYMENT**

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#### **HOUSING + FINANCIAL STRESS**

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- 5. 6.
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#### **BELONGING**

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- City of Albany Youth Friendly Albany Review
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#### HEALTH + RESILIENCE

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- Injury Matters, Prevention to Recovery Report, Albany LGA Health and Wellbeing Profile City of Albany Epidemiology Directorate, Department of Health, 2022
- Wenzel, A. Support requests for mental health concerns at headspace Albany (email to K.Arbuckle) October 2023 Western Australia Police Force: https://www.police.wa.gov.au/crime/crimestatistics#/

#### A NOTE ABOUT TERMINOLOGY

The acronym LGBTI is used to refer to lesbian, gay, bisexual, transgender and intersex people. We recognise that every LGBTI person has terms and language they prefer when describing their own sex characteristics, gender and sexuality. The use of this acronym is not intended to be limiting or exclusive of certain groups and we recognise that not all people will identify with this acronym or use these specific terms.

#### DISCLAIMER

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The United Nations has adopted 17 Sustainable Development Goals as a blueprint to achieve a better and more sustainable future for all. The SDGs were set up in 2015 by the United Nations General Assembly and are intended to be achieved by the year 2030.

Albany's Vital Signs Report seeks to contribute to the following 8
Sustainable Development Goals:



















The Albany Community Foundation is a not-for-profit organisation who collaborate to assist local people in our community who have fallen on hard times and are in genuine need. The ACF endeavours to support the local community in a wide range of activities from providing support to local individuals, families and community projects, as well as filling gaps in funding and services.

To view or download this report, scan the below  $\Omega R$  code or visit the Albany Community Foundation website.



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